

# Jigsaw Piece



## Jigsaw celebrates Eid with a Muslim Family Visit

Jigsaw Visitors' Centre  
Putting the pieces together

To celebrate Eid and, working along side Mohammed Usman, the Jigsaw Project organised a special Muslim family visit on Thursday 26th October. 22 adults (11 prisoners) attended together with 22 children. All prisoners had to pass security checks.

The visit took place between 2.00pm—4.00pm and consisted of activities such as Eid card making, photo frame decorating and arts and crafts. Families were encouraged to move around freely and join in the activities. The atmosphere was magical; a photo was taken of each family and this was then put into the decorated frames and given

to the prisoners and a copy sent out to the families. Indian Food was provided by The Last Viceroy restaurant. At the end a story was read in Punjabi and Urdu about Eid to the children. All families had a fantastic time and all staff certainly enjoyed the event too.



**A family enjoying their EID visit**

## Manager's Report

As ever this Newsletter is packed with information on all the new activities which are going on in the Centre. Change is always at the heart of everything that we do. For me personally this has been a significant month in that I've been appointed as an ongoing Manager for the Centre. Obviously, it goes without saying that I'm extremely pleased. Jigsaw staff are a great bunch of people who work hard to establish strong working alliances. Those partnerships will become increasingly important as we move our service forward. What better time then to remind you all about our next Partnership event on the 29<sup>th</sup> November. The focus of the event will be on supporting families and children. Look forward to seeing you there ...

**Rita Hindley Manager Jigsaw Visitors Centre**

## **Sad farewell to our old manager Susie**

Susie went on maternity leave for 12 months in December 2005. She has now decided that she will not be returning to the Centre. Susie's contribution to setting up the Healthy Living Project in June 2003 was significant. We were lucky to have her enthusiasm in establishing the project locally, regionally and nationally. Susie gave us a healthy solid

foundation to take our services forward. She will be sorely missed by everyone at Jigsaw. We wish Susie all the best for the future and would like to thank her for the commitment and energy she gave to the project.



**Susie with her son Jack**

## Youth work goes from strength to strength

Youth work at the Jigsaw Visitors Centre continues to grow. There are now two youth projects running at the Centre. On Monday evenings West Leeds Youth Service use the Centre for a drop in youth session. On Wednesday evenings in partnership with Christ Church Youth Project, Jigsaw run a youth project with planned activities such: as cooking sessions, dance workshops, photography and computer workshops etc.



**Youth people carrying out the cooking class**

## New women sewing group at the Visitors Centre

The Jigsaw project, in partnership with Christ Church, Armley, have developed a weekly sewing group for women who are asylum seekers or refugees. The group often meet at Christ Church to participate in other activities. The sewing group will use the centre for 10 weeks then we will evaluate the provision and assess participation levels. It is hoped that this is the start of a new support service for this target group and that more groups can be developed from this.



**The sewing group enjoying their class**

## A Listener joins the team

Gary Simpson, a category D prisoner serving at HMP Leeds, started work at the Jigsaw Visitors Centre in September. Gary is the Head Listener at Leeds Prison, and the governor has agreed that he can work at the Visitors Centre. Gary serves in the community café and is also able to engage with visitors who want to have more information about what it's like to serve at HMP Leeds. This is proving very successful and it's a massive partnership

achievement for Jigsaw and Leeds Prison. It is hoped that when Gary leaves after Christmas another category D prisoner will take his place. He will be a hard act to follow. His ready smile and heartening cups of tea, coffee and toast will be sorely missed.



## New health information point machine at Jigsaw

A new health point machine has been provided for the Visitors Centre by the Safer Custody department at HMP Leeds. The machine provides health information for 3000 health topics such as: **men, women and children's health, general health, sport and exercise** **Older people health etc.**

The health point machine has a touch

screen and is very easy to use. Feel free to pop into the Visitor Centre to use the machine anytime Monday to Friday 9.00am—5.00pm.



**An officer using the health point machine**

## Jigsaw welcomes two new members of staff

Two new counsellors recently started at the Jigsaw Visitors' Centre, due to a remodeling of counselling provision at the Visitors' Centre.

Margaret Gutcher will deliver counselling sessions for prisoners and prison staff Mondays, Tuesdays and Wednesday mornings. Julie Atkinson will deliver counselling sessions for prisoners' families and the local community of Armley and New Wortley who have some connection with HMP Leeds on Thursdays. If any local people fit this criteria contact the Visitors' Centre on 0113 2032771 to book an appointment.



**Margaret Gutcher**



**Julie Atkinson**

## (Hale) Mr and Mrs Smith on their Wedding

Congratulations to Carolyn on her marriage to her partner Simon on 20th October at Chevin Country Park Hotel. All the staff team attended the reception and a great night was had by all, as lots of alcohol was drunk in celebration of this joyous occasion. The couple enjoyed a luxury honeymoon in the Maldives. Carolyn will now be known as Carolyn Smith (Carolyn Hale) previously.



## Volunteer Training Day 'Preparation to volunteering—1 Day workshop

Following our new approach to how we recruit volunteers (see last newsletter), we held our first workshop in early November.

Three people participated, who had very different life experiences, backgrounds and cultures. This was a contributory factor to the success of the day. The exercises were fun and informative. We looked at learning styles, values, building rapport and discussed self disclosure (what's appropriate and what's not). They were asked to think about how they come across to others in conversation—are you someone that people would instantly feel comfortable with?

There were only 3 participants; ideally we would want 6, but a good day was had by all. Two more 1 day workshops are planned for 14th December 2006 and 11th January 2007.

If you or anyone you know would like to join us on future courses please contact Malka on 0113 2032771.

**Malka Denton Service Development  
co-ordinator**



**3 volunteers undertaking the 1 day workshop**

## Programme of activities

### Weekly sessions in the Visitors' Centre

	<b>Day</b>	<b>Time</b>
Family Support	Daily	9.00am — 5.00pm
Health Information Advice & Support	Daily	10.00am — 5.00pm
Blue Pepper Café	Daily	9.00am — 5.00pm
Free Internet Access	Daily	9.00am — 5.00pm
Health Information point machine	Daily	9.00am — 5.00pm
Massage Sessions	Tues & Weds	11.00am — 1.30pm 11.00am — 1.30pm
Community Meeting Room Available	Mon– Fri	9.00am — 5.00pm
Sensory Room	Mon-Fri	9.00am — 5.00pm
Youth Project	Wednesdays	4.30pm — 6.30pm
Youth Provision	Mondays	6.30pm — 8.30pm

### Service Providers

	<b>Day</b>	<b>Time</b>
<b>Citizens Advice Bureau</b> (Prisoners/Families/Staff)	<b>Mon-Thurs</b>	<b>10.00am-4.00pm</b>
<b>Jigsaw Counselling Service</b> (Staff & Prisoners)	<b>Mon-Fri</b>	<b>10.00am-4.00pm</b>
<b>Jigsaw Counselling Service</b> (Visitors/Community)	<b>Thursdays</b>	<b>(Appointments only)</b>

**The Visitors' Centre is open Monday—Friday 9.00am—5.00pm**

## Forth coming events

### Day

### Time

Bi-annual Partnership	Wednesday 29th November	9.30am—12.30pm
Volunteer Training Day	Thursday 14th Dec & 11th Jan 06	10.00am—4.00pm
Christmas Fayre	Friday 15th December	11.00am—2.00pm
Annual General Meeting	Wednesday 20th December	10.00am—12.00pm
Christmas Family Visit	Thursday 21st December	2.00pm—4.00pm

### Contact Details

**Lee Stephenson** Health Information & Development Worker, **Tel:** 0113 2032512  
**or Email:** Lee@jigsawvisitorscentre.org.uk

**Write to:** Jigsaw Visitors' Centre, c/o HMP Leeds, 2 Gloucester Terrace, Armley, Leeds, LS12 2TJ

**Our Vision:** "The Visitors' Centre is here to provide friendly and independent support, information and advice and healthy living activities for all communities associated with the Visitors' Centre – families of prisoners, prisoners and ex-prisoners, prison staff and the local community. We aim to empower people and their families to make positive choices about their lives and life style."



The Jigsaw Visitors' Centre is funded by  
Big Lottery Fund, HMP Leeds, Leeds Primary Care Trusts,  
Lankelly Foundation, Leeds Health Action Zone, Tudor Trust,  
Action for Prisoners' Families  
A Project of Armley Prison Visitors' Centre, Registered Charity  
No:1113759

